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[illegible]

?!

Bella

A close-up photograph of a young girl with long, wavy brown hair, crying intensely with her mouth wide open and eyes squeezed shut. She is wearing a brown, textured top. The background is dark and out of focus.

Bella ☐☐☐☐☐ flashback☐☐

Annabella

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Annabella

Bella

□□□□□ CBT □ cognitive behavioral therapy □

Annabella

Bella ☐☐☐☐☐☐

autonomy□□□□□□□□

empowerment[]